



# September Menu Description

Order online at [www.DinnerStudio.com](http://www.DinnerStudio.com)

## Athenian Chicken Breasts

Get ready for a "one-two" punch of delicious flavor! First, let's talk about the two cheese, walnut, crumb topping that is out of control delicious. Then we'll see about the tomato-herb relish that will bake atop our beautiful boneless, skinless, all natural chicken breasts. Put this all together and you've got a winning combination that will knock your family's socks off!

## Baked Pork Chops w/Cornbread Crust

Who says comfort food can't look a little fancy? These beautiful, lean pork chops & tasty stuffing serve up a healthy meal that just looks decadent!

## Barbecue Lime Pork Chops

Another great reason to keep your grill out of storage for another month. A great blend of tangy and sweet, these pork chops will make you and your kids smile. Even while doing homework!

## BBQ Pork Chops w/Sweet Potato Fries

Hmm, effortless barbecued pork chops in their own sauce with a side of sweet potato fries? Suddenly, a weeknight dinner feels like a vacation!

## Cheddar and Broccoli Chicken Bake

Having trouble getting the kids to eat broccoli? This might help! Another classic chicken bake that will turn an ordinary Monday into another easy dinner night.

## Dinner Studio Fruit Pie

This is our famous fruit pie! Don't plan on leaving the house anytime soon, 'cause this pie won't stay around for long! The pie says 3 servings, but it will feed 8-12, depending on how you slice it!

## Good Golly Chicken

The original name of this dish was so long that it got shortened to "Good Golly". (Really I think Josh just wanted to name one himself). Even so, I love the contrast of colors, textures and flavors this dish provides. Besides being absolutely fabulous, it's also hearty and healthy.

## Greek Rice and Shrimp Bake

This is one of our oldest and most loved recipes. Succulent shrimp are tucked in to a bed of brown rice, diced tomatoes and delicate seasonings and then "blanketed" with beautiful Panko bread crumbs and Feta cheese. Elegant, awesome and effortless. Wow!

## Kid's Favorite Meatloaf Steaks

This dinner is the perfect treat to counteract the simple stresses of the new school year. Simple and delicious with its oven baked fries and "ketchupy" dipping sauce, dinner becomes one less thing to worry about!

## Meatball Sandwiches

This is a Dinner Studio Classic! Takes only minutes to prepare, but tastes like you've been slaving away for hours. Hearty, satisfying and delicious, just what you'd want for dinner!

## North Shore Pork Roast

Aloha! Bring a little of the "Island Spirit" to your house this season. This dish is awesome for easy entertaining and just as great to have on hand for just yourselves! Our tender juicy pork roast literally cooks itself. Spend the day at the beach and come home to your own Luau.

## Papas y Pollos

This meal is the epitome of family friendly. Melty cheeses, chunks of chicken, sour cream and shredded potatoes. What's not to like? Bakes in your oven and disappears at your dinner table..

## Red and Black Casserole

Yum! Yum! Yum! This casserole is not just another pretty face. Loaded with protein, veggies and whole grains, if it weren't so delicious you'd think you were trying to sneak health food on to the dinner table! Served with warm cornbread, this meal will make your family ask for "more please"!

## Red Ranch Chicken

This awesome dinner will delight the kid in all of us! Moist and tender inside, crunchy-tasty outside, Makes a great meal on its own, but the left overs are great in salads and sandwiches too!

*More Selections on other side!*



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### Rustic Roast Beef

This recipe comes to us all the way from Guatemala. South American comfort food will make itself at home in your kitchen!

### Spicy Tomato Baked Fish

Deliciousness with a difference! Quick to fix and fun to eat, you're gonna love this near eastern treat! Flaky white fish bakes in a tomato and veggie sauce seasoned with a little curry and turmeric. Serve over the easy and fast to make couscous and you've got dinner covered in a flash!

### Spinach & Bacon Quiche

This quiche grew up with Dinner Studio and just keeps getting better every year.

### Tangy Pork Roast

Not too tangy, but not too boring either, this little roast really ends up being just right. Cooks up effortlessly in your crock pot and even makes enough sauce to serve over egg noodles. Yum!

### Thai Curry Chicken

What a treat this dish is! Green Beans and Coconut Milk!? You betcha, and some lime zest and curry paste too! This dish has its roots in Thai Cuisine, but makes itself right at home in your kitchen too!

Questions or comments, we're here to help! [www.DinnerStudio.com](http://www.DinnerStudio.com)

Order online or call us (858) 277-1977

Open Monday through Friday: 9am to 5:30pm

*More Selections on other side!*